



Seventh Annual Smoky Hollow 5K Run And 1 Mile Family Fun Walk Saturday July 10, 2010

Time: 5K run will start at 9 am and the 1 mile family fun walk will start at 9:10 am. Race day registration starts at 7:45 am at Harrison Field.

Location: Both races start and finish at Harrison Field located on Walnut Street in Smoky Hollow behind Bliss Hall. Directions on the back.

Entry Fee: \$13.00 if received by July 5th.
\$16.00 for late registration and race day.
\$7.00 for kids 12 and under.
(T-Shirt Guaranteed To First 300 Registered Entrants)

Awards: Run- Top Three Male and Female; Top Male and Female Master (over 40); Top Male and Female Grandmaster (over 50) and Top Three Places In Each Age Group.
All One Mile Walk Finishers Receive a Ribbon.
(All Kids 12 and Under Receive a Medal)

Age Groups: Male & Female: 14 & Under; 15-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70 & Over.

Registration: See below, or online registration available at www.gopherarun.com

More Information: Gary Sexton: 330-941-1778

Free Brunch! Award ceremony & post-race party with free brunch for all participants & volunteers at Cassese's MVR in Smoky Hollow beginning at 9:45 am



Be Green!
Bring your old (clean) running shoes
-- we'll recycle them.

Make Checks Payable To:
YSU Smoky Hollow Run

Mail To:
YSU Smoky Hollow Run, Attn: GE McCloud
One University Plaza, Youngstown, OH. 44555

Last Name _____ First Name _____

Street Address _____

City _____ State _____ Zip _____ Phone _____

Age on 7-10-10: _____ Sex: M F

Shirt Size: S M L XL XXL

Check Which Event You'll Be Participating in: 5k Run _____
 1 Mile Walk _____

Release: I know running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to safely complete the run. I assume all risks associated in running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release all those involved with the race, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event.

SIGNATURE (PARENT IF UNDER 18) _____

Directions to Harrison Field:

From the north: Take Rt. 11 south to I-80 East. Take the first exit off I-80 Rt. 193 South, Belmont Avenue. Make a right on Belmont and proceed south about 1.5 miles to the light at Gypsy Lane. Make a left on Gypsy; at the fourth traffic light, make a right onto Fifth Avenue. Go about 1.6 miles on Fifth until you cross the overpass for Rt. 422. Go over the bridge and make the next left on the eastbound access road. Bear right past the YSU stadium. At the stop sign, go straight ahead towards Wick Avenue. At Wick Ave. go straight through the street light staying in the right hand lane of the Service Road. Go down hill past Courtyard Apartment entrance and just before bottom of hill turn right onto Emerald Street. Follow Emerald Street as it turns into Audubon Street which you will follow briefly until it dead end's into Carlton Ave. Take a right onto Carlton Ave. and follow it until it dead end's into Walnut St. forcing you to turn left. Follow Walnut Street ¼ mile and Harrison Field will be on your left and parking at the Wick Parking Deck (M-1 lot) on your right.

From the east: Take I-80 West to Rt. 193 South, Belmont Avenue. Make a left on Belmont and proceed south about 1.5 miles to the light at Gypsy Lane. Make a left on Gypsy; at the fourth traffic light, make a right onto Fifth Avenue. Go about 1.6 miles on Fifth until you cross the overpass for Rt. 422. Go over the bridge and make the next left on the eastbound access road. Bear right past the YSU stadium. At the stop sign, go straight ahead to Wick Avenue. At Wick Ave. go straight through the street light staying in the right hand lane of the Service Road. Go down hill past Courtyard Apartment entrance and just before bottom of hill turn right onto Emerald Street. Follow Emerald Street as it turns into Audubon Street which you will follow briefly until it dead end's into Carlton Ave. Take a right onto Carlton Ave. and follow it until it dead end's into Walnut St. forcing you to turn left. Follow Walnut Street ¼ mile and Harrison Field will be on your left and parking at the Wick Parking Deck (M-1 lot) on your right.

From the south: Take Ohio Rt. 11 North to I-680 East. Then take exit 4A, Rt. 422 East. Exit the freeway at Wick Avenue. At Wick Ave. go straight through the street light staying in the right hand lane of the Service Road. Go down hill past Courtyard Apartment entrance and just before bottom of hill turn right onto Emerald Street. Follow Emerald Street as it turns into Audubon Street which you will follow briefly until it dead end's into Carlton Ave. Take a right onto Carlton Ave. and follow it until it dead end's into Walnut St. forcing you to turn left. Follow Walnut Street ¼ mile and Harrison Field will be on your left and parking at the Wick Parking Deck (M-1 lot) on your right.

From the west (Akron, Columbus): Take I-71 or I-77 North to I-76 East. Where I-80 and I-76 divide, follow I-80 until it intersects with I-680 East to Youngstown. Follow I-680 to Exit 4A, Rt. 422 East. Exit the 422 freeway at Wick Avenue. At Wick Ave. go straight through the street light staying in the right hand lane of the Service Road. Go down hill past Courtyard Apartment entrance and just before bottom of hill turn right onto Emerald Street. Follow Emerald Street as it turns into Audubon Street which you will follow briefly until it dead end's into Carlton Ave. Take a right onto Carlton Ave. and follow it until it dead end's into Walnut St. forcing you to turn left. Follow Walnut Street ¼ mile and Harrison Field will be on your left and parking at the Wick Parking Deck (M-1 lot) on your right.

Raymond J. Wean Foundation

